



# Time Out Spots

Created by teacher turned mom, Heather Sievers, Time Out Spots are the solution to unsuccessful time outs. Heather was inspired by her three year old son. She started his time outs on a little wooden stool, which immediately became a problem. The stool would get flipped over and scooted around. It even started to damage the wood floors. The last straw was when he picked it up, held it to his bottom, and walked around saying, "I'm still in time out, my bootie is on the stool." Time Out had turned into a game. So, it hit her. The family needed a new time out spot! Deciding that a rug would be great for this, Heather designed the Time Out Spot and went on a mission to have it manufactured.

The rugs are designed to help discipline children ages 18 months and up. When a behavior problem arises, children should be given one warning. If they do not obey, they should be sent to sit on their "Time Out Spot." One minute of time out is recommended for each year of the child's age (example: 3 years old/3 minutes). Information on how to give successful Time Outs can be found on the website.

#### Product Specifications & Availability:

Time Out Spots are 27 inches in diameter and are machine washable (cold water, mild detergent, lay flat to dry). Available in pink, blue, and a gender neutral brown/tan version, they are super soft, 100% acrylic, similar to a bath mat. Time Out Spots have a non-skid back so that children cannot "scoot" around the room while in time out. more each day. The retail price ranges between \$22 & \$25. Time Out Spots are ALWAYS a hit gift (to the parents anyway). All Time Out Spots come bagged with a matching hangtag and ribbon closure & include a "Using Time Out Effectively" brochure. All of our products are fully compliant with the Consumer Product Safety Improvement Act. Time Out Spots are a fun, yet practical item. They have been used with not only children but with husbands, pets, and at the office as well!

The most frequently asked question is "Do they work?" The answer to that is "It is up to you!" Just as with anything else, you must be consistent. If your child gets off their spot 20 times, you put them back on 20 times!



For more information or to place an order, contact us at 714.856.6889 or [info@timeoutspots.com](mailto:info@timeoutspots.com)  
Wholesale information is also available online at [www.timeoutspots.com](http://www.timeoutspots.com)

Available in the following colors:

